

EXAMEN SHODAN

SUWARIWAZA

SHOMENUCHI	IKKYO-NIKKYO-IRIMINAGE
KATADORI	IKKYO
RYOTEDORI	KOKYU HO
YOKOMENUCHI	IKKYO- SANKYO-YONKYO-GOKYO

HANMIHANDACHI

KATATEDORI	IKKYO- NIKKYO-SHIHONAGE
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TACHIWAZA

AIHANMI KATATEDORI	IKKYO- NIKKYO-IRIMINAGE-KOSHINAGE
SHOMENUCHI	IKKYO-NIKKYO-IRIMINAGE-KOTEGAESHI-KOKYUNAGE
CHUDANTSUKI	IKKYO-NIKKYO-IRIMINAGE-KOTEGAESHI-KOKYUNAGE
KATADORI	IKKYO-KOSHINAGE-SANKYO
RYOTEDORI	IKKYO-TENCHINAGE-KOSHINAGE- JUJIGARAMI
KATATEDORI	NIKKYO-SHIHONAGE-TAINOHENKO- KOKYUNAGE- HIJIKIMEOSAE
MOROTEDORI	IKKYO-KOTEGAESHI-KOKYU HO-SHIHONAGE-KOKYUNAGE

USHIROWAZA

RYOTEDORI	IKKYO-KOTEGAESHI-IRIMINAGE-KOKYUNAGE
RYOKATADORI	IKKYO-IRIMINAGE

TANTODORI

<u>FUTARIDORI</u>	2 UKES
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